## **EMPLOYEE TRAINING RECORD**

## TRAINING TITLE

**Boots** 

## **KEY TEACHING POINTS**

- To some people, one type of boot is the same as another. In construction, you've got to have the right boot for the job.
- Steel-toed boots should be worn for most work. They not only protect you feet, but keep
  them dry. Your boots should have good soles to resist punctures or cuts from pointed or
  sharp objects. Safety insoles can be worn as an extra precaution against nail punctures.
  Laces that are too long could trip you. Either cut them off or tuck the excess length in the
  top of your boots.
- Probably everyone who wears safety boots can tell you of more than once when their boots prevented a serious injury. One important thing to remember, though: Safety boots will only protect you when you wear them.
- Hip Boots keep your feet dry in water over a foot deep.
- Overshoes not only keep concrete out, but they're comfortable. Overshoes have buckles that hold them tight to the ankle for more support, and there's nothing flopping or hanging from the top. Of course, if you get into concrete over a foot deep, you'll have the unpleasant experience of feeling the concrete seep into the boots and between your toes. You also may experience skin irritation or infection, which concrete can cause.
- A form of protection worn in muddy areas is the over-the-shoe boot. Called the
  engineer's boot by some, it isn't as snug as the overshoe and has a tendency to bend or
  flop as you walk along.
- There's always a danger in sharing protective footwear, like hip boots, with someone else. If that person has a foot infection, you'll soon inherit it.

## **TEST**

QUESTION		ANSWERS	
		TRUE	FALSE
1 Your boots not only protect you feet, but keep them dry.			
2 A form of protection worn in muddy areas is the over-the-shoe boot.			
3 Hip Boots keep your feet dry in water over a foot deep.			
4 There's always a danger in sharing protective footwear, like hip boots, with someone else. If that person has a foot infection, you'll soon inherit it.			
5 Safety boots will only protect you when you wear them.			
EMPLOYEE'S NAME	EMPLOYEE'S SIGNATURE	DATE	
INSTRUCTOR'S NAME	INSTRUCTOR'S SIGNATURE	DATE	